

Dear Patient:

Welcome to our practice, devoted to pain relief. To facilitate your care, please complete the enclosed forms. This will streamline your visit.

- Please bring your photo I.D. (drivers license) and insurance card.
- **Wearing loose clothing will be helpful for your physical exam. (Please no jeans)**
- Please arrive 10-15 minutes prior to your appointment time.

We look forward to helping you.

Estela Diesfeld, M.D.
Anesthesiologist
Pain Medicine Specialist

Directions to our office

We are located in the Montalvo Square Shopping Center, at Victoria and Avocet.

